



## Kicks With Kids Seminar\*

[www.kickswithkids.com](http://www.kickswithkids.com)

**Presented by:** Sensei Michelle Darbro, 7<sup>o</sup>  
USA Goju Federation

**When:** July 12<sup>th</sup>, 2008  
10:00 am till 2:00 pm

**Where:** Palm Bay Parks & Recreation Building  
1502 Port Malabar Blvd. NE  
Palm Bay, FL 32905

**Cost:** \$25

### ***For Information ...***

**Contact:** Michelle Darbro  
**Email:** [kickswithkids@aol.com](mailto:kickswithkids@aol.com)  
**Phone:** (954) 967-2341

### **Who Should Attend**

Martial Arts instructors, assistant instructors and anyone who shares an interest in teaching children.

### **About The Seminar**

The seminar includes lecture and hands-on work with “manipulatives”.

Discussion topics include:

- Comparing goals and expectations at different ages
- How to incorporate manipulatives into daily training
- Body language - ours and theirs
- Discipline - ours and theirs
- Balancing repetition and discipline in the age of ADD
- Language that works for different age groups
- Unusual circumstances
- Q & A

### **About The Presenter**

Michelle Darbro has been training in Martial Arts since 1979. She currently holds a 7th degree Black Belt and trains under Master Joe Kelljchian, founder of the USA Goju Federation in South Florida. She has authored several books including, “Kicks With Kids – Martial Arts for the Young”. She holds a BS degree in Physical Education and Wellness, and is a certified instructor through the American College of Sports Medicine (ACSM).

**\*Hosted by:** *The USA Goju Karatedo Association, Palm Bay Dojo - Sensei Tom Smyth*